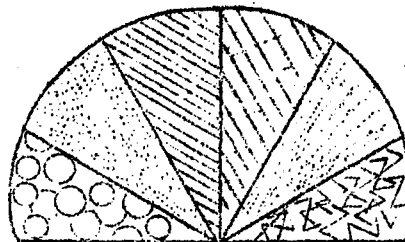


COLOR ITS MANIFESTATION AND VALUE

By Kittie Cowen



A Publication of
BORDERLAND SCIENCES RESEARCH ASSOCIATES
FOUNDATION, INC.

PO Box 548, Vista, Calif.

COLOR --- ITS MANIFESTATION AND VALUE --- Lesson 1

By Kittie Cowen.

The Elder Brothers of the Rose Cross trace the beginning of all things back to the Absolute, which, they say, is the seed ground for all that IS. From this Absolute proceeds the Supreme Being at the dawn of manifestation, and finally, from this Supreme Being our own God as well as Gods of many other solar systems come into existence.

In our study of color we are concerned only with manifestations belonging to our own solar system, and the God from whom it emanated for He is the immediate source of all things existing on all the seven planes, Physical, Desire, Thought, Life Spirit, Divine Spirit, Virgin Spirit, and World of God.

St. John the illumined seer, states that: In the beginning was God, and all things were made by Him; in Him was life, and the life was the light of man.

In the Rosicrucian Mysteries we read that God unfolds within His Being all that is, as the white light (glass white) embraces all colors. In manifestation He appears threefold, as the white light is refracted into three primary colors; blue, yellow, and red. Wherever we see these colors they are emblematic of the Father, Son, and Holy Spirit.

We know that Will (power to do) is the highest power, energy, or force of God. The Father, highest Initiate of the Lords of Mind life wave, through Initiation, contacted this will force, learned what it was and how to use it. For this reason, the God of our solar system intrusted it in His care to cultivate and use throughout the human, animal, plant, and mineral kingdoms. The Father, being the embodiment of Will, therefore shines with a blue light; wherever we see the color blue we may know that there, to some extent at least, the will power of God, stepped down to the Father, is manifesting.

The second primary power of God is wisdom-love. Christ, the highest Initiate of the Archangelic life wave, through Initiation, contacted this wisdom-love force (the power to attract, hold, bind) of God, learned what it was and how to use it. For that reason the God of our solar system intrusted it in His care to cultivate and use throughout the human, animal, plant, and mineral kingdoms. The Christ, being the embodiment of wisdom-love, therefore shines with a yellow light; wherever we see the color yellow we may know that there, to some extent at least, the wisdom-love power of God, stepped down to the Christ, is manifesting.

The third primary power of God is activity (Holy Spirit). Jehovah, the highest Initiate of the angelic life wave, through Initiation, contacted this activity force (the power to grow, to expand, to germinate, to increase, to create something new), learned what it was and how to use it. For that reason the God of our solar system intrusted it in His care to cultivate and use throughout the human, animal, plant

and mineral kingdoms. Jehovah, being the embodiment of the activity-germination; power of God, therefore shines with a clear rose-red light, wherever we see the color red we may know that ther, to some extent at least, the activity-germinating power of God, stepped down to Jehovah, is manifesting.

From the three primary colors, blue, yellow and red, practically all other colors could be formed by combination and blending or by addition of white or black, if one could get a supply of the invisible red to assist in forming violet and indigo and could find pigments of absolutely pure red, yellow and blue.

LESSON 2

There are four secondary colors, namely, green, orange, purple, and indigo. Green (green) is derived from a combination of equal parts of yellow and blue. Orange is derived from a combination of equal parts of yellow and red. Indigo is derived from a combination of equal parts of blue, yellow, green, red, orange, and purple.

All color is produced by sound (ultra sonic) vibration. The three primary colors, red, yellow and blue, and the four secondary colors, orange green, purple, and indigo are attuned to the seven letters composing the musical scale. Red answers to C, orange to D, yellow to E, green to F, blue to G, indigo to A, and purple to B. This arrangement brings to view the fact that the three primary colors form a perfect chord in music. Red, C, is the first note or letter of the chord; yellow, E, the second note or letter of the chord; and blue, G, the third note or letter of the chord; the first and third and fifth being the fundamental notes or letters in the musical scale.

Red is an excting color at nearly the center of heat. It takes a degree of excitement to produce action. Yellow, the medium color, is the center of luminosity and stands between red and blue, forming a connecting link between the two. Blue, a fine color, is cool, soothing and electric.

Red stimulates, energizes, and produces heat. It is closely correlated to the physical body. It is concerned with germination, reproduction, the building of form, and the creative energy in all nature.

True primary yellow indicates the highest spiritual illumination of the intellect and its presence always indicates the existence and activity of that part of the nature of man.

Blue indicates a high degree of spirituality. This spiritual blue is of a peculiarly clear, transparent, luminous appearance and always indicates the highest form of devotion. Its presence always points to the existence and activity of spiritual manifestation.

White represents pure spirit. It contains all colors within itself, harmoniously blended, as God contains within Himself all things in the solar system. White signifies, suggests, and induces revelation and expansion. It is the most positive of all colors as to luminosity and continually reveals some part of what it contains.

Black is the result of all colors being absorbed; therefore it denotes concealment and repression. It represents the negation of pure spirit and opposes it in every way and its presence always indicates the existence and activity of this negative principle in the nature of man.

Hues are produced by blending the three primary colors in various proportions. Adding white to them gives us tints, while mixing them with black produces shades.

LESSON 3

The Meaning of Color

In lesson #1, we learned that color originates with God, His will-power producing a vibration that manifests as blue, His wisdom-love power producing a vibration that manifests as yellow, His activity-germinating power producing a vibration that manifests as red. We also learned that from these three primary colors practically all other colors can be formed by combining or blending or by the addition of black or white.

Man is a potential God, and has within his being all the powers of God in potentiality. When the spirit, which is man, is seen by the highly illumined seer it appears as a point of light of inconceivable brilliance. This point vibrates at an enormously high rate of speed. It is not a simple, single vibration, but three distinct ones, each with its own faint color--blue, yellow, and red, the highest being blue, the second yellow, and the third red.

The foregoing being true, it is evident that man, the spirit, is dazzling white in color, and that within himself (like God) he manifests the three primary colors; blue, yellow, and red. It is the spirit that sees color. When functioning within the body, at present its only means of distinguishing physical world colors is by means of the eye.

THE VARIOUS COLORS

Blue, pure spectrum color, represents the highest religious devotion. It is a radiating color, radiating toward an inward center--conductive to the deepest concentration. It has an inherent luster all its own. It is active in nature. Blue always indicates some kind of activity along devotional lines. It has a cooling soothing electrical effect.

Yellow, pure primary color, indicates the highest spiritualized intellect and has an inspiring, illuminating effect upon the mental faculties. A thought by which the thinker rises to a higher knowledge of spiritual things appears clothed in beautiful, light yellow. Yellow is a radiating, luminous color having an inherent luster all its own. It radiates outward from an inner center, and its nature is to give out. It is the center of luminosity. Its presence always indicates intellectual activity.

Red, pure spectrum color, is an evenly radiating color with an inherent luster all its own. It is an active, exciting color at nearly the center of heat. Red represents the physical nature and is closely allied with germination in the plant, animal, and human-kingdoms. Red invariably has a stimulating effect upon the mind and body as it increases the activity of the arterial blood.

Spectrum blue mixed with any other color tends to lower the vibration.

Green, pure, clean, indicates adaptability and sympathy, and is extremely quieting. Pure green is always the expression of growth. Green is the color vibration of our earth.

Gray, normal gray, is composed of black and white. It is the most neutral of all colors and does not make discord with any. It makes all colors appear more brilliant by contrast.

Brown, clear, is produced by a mixture of red and black. It denotes activity in getting all that it can, which expresses itself in avarice and greed, and selfishness.

Black, being the result of all colors being absorbed, denotes concealment and repression and indicates hatred, malice, revenge and similar low feelings. Associated with this color are such expressions as "dark forces", "black magic", "brothers of the shadow," "black magicians," and necromancers (those who deal out death). Black is foreign and hostile to life. Surrounded by absolute blackness, no physical being can do anything.

White represents pure spirit - light - and it alone has the real power to overcome black. This is well illustrated in carbon which is pure black. Clarify it with white and it becomes clear and transparent. and then it is a diamond, pure white, flashing from itself all the colors which the black previously absorbed and concealed. Truly "The Word was God..... In Him was life, and the life was the light of men. And the light shineth in darkness."

Orange is produced by mixing equal parts of yellow and red. This lowers the vibration of yellow. Yellow spiritualizes the mind while red lowers the vibration; combining yellow with red (activity) develops a mental pride and ambition to shine above others. Orange is the color of the golden ray of the sun which feels its innite power and manifests as a love of authority in mankind.

Orange mixed with brick-red (red and black in which red predominates) lowers its vibration and portrays a low type of intellect.

Scarlet, deep bright red (red tinged with black) tinged with yellow suggests pride.

Yellow mixed with red denotes mentally directed anger which may or may not come into physical manifestation.

Yellow mixed with reddish brown indicates sensuality.

Purple, Violet, Lavender, Lilac are all obtained by mixing red with blue. Purple is obtained by an equal blending of blue and red. Violet has more blue than red, consequently its vibration is higher than purple. Lilac is composed of blue, red, and white, which gives it a high spiritual vibration. Lilac manifests love for humanity. Lavender is composed of blue, red, and white, but contains more white than lilac, consequently its vibration, while similar, is higher than lilac. Lavender represents devotion to a high ideal.

Blue mixed with reddish-brown indicates selfish religious feelings.

Blue mixed with medium gray denotes religious feeling tinged with fear. Blue mixed with red indicates devotion mixed with affection.

Bright red flashing on a black background indicated extreme anger arising from hatred and malice.

Dull red appearing as if mixed with medium gray smoke color indicates sensuality and the lower animal passions.

Crimson, composed of rich red with a shade of purple (red and blue) represents love blended with the higher feelings and ideals.

Dull heavy crimson (much black in it) indicates gross, sensual love

Deep red mottled with medium brown vibrates to sensuality.

Carmino is almost the same shade as crimson but has a little more red in it. When not dulled with black or gray it carries a high high love vibration.

Brick red composed of brown and a very little red and yellow, vibrates to conceit which is rooted in low inclinations. It represents the lowest stage of egoism.

Lurid red mixed with dark brown vibrates to brutal anger.

Reddish brown vibrates to deceit.

Lesson 3 -- The Meaning of Color (continued)

Rose pink vibrates to optimism and creates a tendency to always look on the bright side of everything. It tends to produce a spiritual life combined with noble devotion and shows a capacity for sacrifice when needed. This color is composed of pure, vivid red mixed with considerable white and a very small portion of blue. Its keyword is unselfish affection.

Old Rose mixed with reddish brown indicates selfish affection.

Emerald green is the true green color which, as mentioned in lesson 2, vibrates to adaptability and sympathy.

Green medium, mixed with reddish brown and flocked with murky red, vibrates to jealousy.

Green dirty, muddy, vibrates to low deceit, cunning, falsehood, trickery, all of a low order.

Gray, pale, livid (ghastly shade) vibrates to fear and horror.

Dark gray, mixed with brownish red, vibrates to depression and pessimism.

Gray green vibrates to deceit.

Gray brown vibrates to selfishness.

Gray blue vibrates to religious worship tinged with fear.

The secondary colors are:

Violet composed of blue and red.

Orange composed of yellow and red.

Green composed of blue and yellow.

Indigo composed of blue, yellow, red, green, orange, and violet

The Oneness of God is expressed by white light. His three primary powers are expressed by: Will, blue; Wisdom-love, yellow; Activity-germination, red. By combining His Will, blue, and Wisdom-love, yellow, powers, we have green, which expresses itself as adaptability and sympathy. By combining His Wisdom-love, yellow, and His Activity-germinating power, red, we have orange, which expresses itself as spiritualized love. By combining His Will, blue, and His Activity-germinating power, red, we have violet, which expresses itself as spiritually directed activity.

Man has these same three primary powers and four secondary powers, and when they obey the direction of his spirit self the same results are obtained. Combine the three primary powers as expressed by blue, yellow, and red, and the secondary powers expressed by green, orange, and violet, and we have the fourth secondary color, indigo, which represents en masse, the working powers of the spirit when man has developed them enough to be used.

In order to assist man in this development, he has been given seven great spiritual Instructors, namely: Mercury which vibrates to violet, Saturn which vibrates to indigo, Jupiter which vibrates to blue, Earth which vibrates to green, Venus which vibrates to yellow, Uranus which

vibrates to light yellow, and Mars which vibrates to red. The Sun, by which these planets are governed, vibrates to orange. These Planetary Spirits exercise a particular influence on the beings who are evolving on the planet which is their embodiment, but they also have an influence on the evolving beings on other planets according to the development attained by such beings. Notice this: The lower in the scale of evolution that an individual is working, the greater is such a one affected by these planetary influences. The higher, the wiser, and the more individualized a person becomes, the more he is able to shape his own course, and the less he needs the direction and domination of these great planetary Instructors, who are exalted spiritual Intelligences, Ministers of God, working in different parts of His kingdom endeavoring to carry out His will, knowing that the Creator has in view the ultimate highest good of all, regardless of temporary ill.

The seven schools of the Lesser Mysteries each belonging to one of the planetary Spirits that are known to us as Father Stars, each with his own basic color, and within this basic color there are seven sub-rays. Let us take these planets, or Father Stars, separately and examine them, remembering that each individual has for his or her basic color, the color of one of these planets which is his or her Father Star, and he or she vibrates basically to that particular color.

Mercury - Violet

Sub-rays:

- 1 - violet-violet
- 2 - violet-blue
- 3 - violet-yellow
- 4 - violet-green
- 5 - violet-indigo
- 6 - violet-red
- 7 - violet-light yellow

Saturn - Indigo

Sub-rays:

- 1 - indigo-indigo
- 2 - indigo-blue
- 3 - indigo-yellow
- 4 - indigo-green
- 5 - indigo-violet
- 6 - indigo-red
- 7 - indigo-lt. yellow

Jupiter - Blue

Sub-rays:

- 1 - blue-blue
- 2 - blue-yellow
- 3 - blue-green
- 4 - blue-indigo
- 5 - blue-violet
- 6 - blue-red
- 7 - blue-lt. yellow

Earth - Green

Sub-rays:

- 1 - green-green
- 2 - green-blue
- 3 - green-yellow
- 4 - green-indigo
- 5 - green-violet
- 6 - green-red
- 7 - green-lt. yellow

Venus - Yellow

Sub-rays:

- 1 - yellow-yellow
- 2 - yellow-blue
- 3 - yellow-green
- 4 - yellow-indigo
- 5 - yellow-violet
- 6 - yellow-red
- 7 - yellow-lt. yellow

Uranus - Light yellow

Sub-rays:

- 1 - lt. yellow- lt. yellow
- 2 - light yellow-blue
- 3 - light yellow-yellow
- 4 - light yellow-green
- 5 - light yellow-indigo
- 6 - light yellow-violet
- 7 - light yellow-red

Mars - Red

Sub-rays:

- 1 - red-red
- 2 - red-blue
- 3 - red-yellow
- 4 - red-green
- 5 - red-indigo
- 6 - red-violet
- 7 - red-lt. yellow

Now let us note how greatly man is influenced by color. There is his horoscopic ray, governed by the planet which is ruler of his horoscope. If Mercury is the ruler, then violet has a great influence in his life; if Saturn, then a great influence is indigo, et cetera. Next there is the individual ray given with the disciple exercise. This is a sub-ray of one of the Father Stars which are as follows: Uranus, ambassador Ithuriel; Saturn, ambassador Cassiel; Jupiter, ambassador Zachariel; Mars, ambassador Samael; Venus, ambassador Gabriel. All the ambassadors from the various planets mentioned are archangels except Samael, who is an angel. Now if Ithuriel is the ambassador of one's individual ray, it points to light yellow-light yellow as one of the colors to which the individuals is susceptible. If Cassiel, then the color is indigo-indigo; if Samael, then it is red-red, et cetera.

The color of one's Father Star, which is the one by which he or she is most influenced, is not made known until the last of the four Greater Initiations has been given, but its influence is active just the same, and it is the individual's basic color.

* * * * *

LESSON 4 --- COLOR INFLUENCE

As all color is produced by sound vibration, there is a very close relation between sound and color. We know that any two consecutive notes in the musical scale are discordant, and so it is with color. The consecutive color arrangement is red, orange, yellow, green, blue, indigo, violet. Accordingly, red discords with orange; orange discords with yellow; yellow discords with green; green discords with blue; blue discords with indigo; and indigo discords with violet.

The neutral colors, black, gray and white, are not positively discordant with any of these, yet they have an effect on all of them, for black lowers the tone of all colors, white heightens the tone of all colors, and gray makes them seem more brilliant by contrast. White combines best with blue, then with light red, but badly with orange. Black combines best with red or rose, then with orange, then with yellow, and poorly with light green.

Complementary colors, or those which contrast harmoniously, are: red and green (note the red flowers on a green shrub), yellow and purple, blue and orange; red-gray and green-gray, yellow-gray and purple gray, blue-gray and orange-gray, red-purple and yellow-green, red-orange and blue-green, yellow-orange and blue-purple, light red-gray and light green gray, dark red-gray and dark green gray, deep blue and deep orange.

The way to find harmonious contrasts is as follow: Take as a basis the three primary colors, blue, yellow, and red. Combine blue and yellow and we have green. The color red which is omitted in the combination is the harmonious contrast to the color green which was produced by the combination. Combine blue and red and we have purple.

Combine blue and red and we have purple. The color yellow which is omitted in the combination is the harmonious contrast to the color purple which is produced by the combination. Combine yellow and red and we have orange. The color blue which is omitted in the combination is the harmonious contrast to the color orange which is produced by the combination.

Using either one of the three primary colors as a basis and combining it with any of the other secondary colors, also gray and any number of harmonic contrasts can be worked out.

It is interesting to note that in the Desire World it is the complementary color which is active and has the effect upon our desires and emotions which we ascribe to the physical harmonious contrast here. For example: In the physical world red has a tendency to excite and energize, whereas green has a cooling, soothing effect; but the opposite is true when we look at results as obtained in the Desire World. There the complementary color is active, and green becomes the exciting energizer and red has a cooling, soothing effect.

The harmonious colors in relation to dress are not only interesting but of special value, for the reason that the colors we are constantly carrying around with us in our clothing exert a far greater influence on us and our associates than is generally realized, because each one has a special vibration all its own.

A prominent judge in Chicago, Illinois, once said that observation had taught him to conclude that light colors tend toward godliness and dark colors tend to promote crime, for brightness leads to right thinking while darkness and uncleanness lead to crooked thinking. So impressed did he become with the power of color that he had the walls of his courtroom changed from a somber shade to a light cream color. "This is an uplift court," he said, "and we must have the walls to correspond. It is enough to turn a good man into a criminal to have to sit day after day in a place like this. I was about to hold court in the street unless I could brighten up things a bit.

"White, cream, light yellow, and orange are the colors which are sanest. I might add light green, for that is the predominating color in nature. Black, brown, and deep reds (red mixed with black) are incentives to crime. A man in anger sees red (dark). Despondency causes blueness (blue gray) of feeling I would like to pass a law to force all owners of buildings to paint them a light color."

And this from a man of the world who has used his powers of observation to discover results and trace them back to their true causes. An occult writer of extreme sensitivity has said, "The odious practice of wearing black garments as a supposed sign of respectful regard for "departed" friends should not be tolerated another moment, for it tends to further depress those who especially need cheering and uplifting, and the effect upon all spectators is gloomy and enervating in the extreme."

Blond people look well in light colors. Pale faces appear less pale when greenish tints are worn, but purple is likely to emphasize the bilious appearance of a face if a yellow tint in the skin is pronounced. If the face is overflushed a red ribbon worn near it will give a paler cast.

Brunettes look better in tints a little darker than those used by blondes, and blue forms a harmonic contrast to auburn hair. When the red is too prominent, blue should not be worn.

Contrasts of the positive colors such as red and green, blue and orange, yellow and purple, are really too glaring and have a better influence when toned up a tint or two by being combined with white. Their strong stimulating effect can be noted when used as military costumes or for theatrical performances where much vivacity and energy are required.

Too much of the dark element in the colors of clothing degrades the light into heat and prevents the light's finest chemical action on the human body.

Any set rules cannot be made in the use of color, for the reason that all shades, tints, and hues can fittingly be used at all times for the clothing of people in general. Neither can arbitrary rules be made, for the reason that individual tastes, preferences, and requirements cannot justly be disregarded, except in cases where the judgment has become ab-normal owing to some sort of mental perversion.

White or light colored clothes transmit more light to the body than those of any other color, while dark colors convey very little light to the body, and black practically none. The reason for this is that white reflects light in all directions, while black greedily absorbs the light rays and prevents their escape in any direction. White or light under-clothes should always ordinarily be worn as they are also agents in transmitting light rays to the body. However, when a person is very cold, pale, and bloodless, yellow and red can both be used to a good advantage.

* * * * *

LESSON 5 --- REVEALING COLORS

The spirit which is the real self is a luminous, dazzling, scintillating white emitting three faint color rays, blue, yellow, and red, but this same spirit has inhabited bodies of various colors. The one was black. Then we were Lemurians. The next body was a sort of mahogany black. Then we were Rmoahals. The next body was of a red-brown color. Then we were Tlavatlis. Our next body was more of a copper color, and we were Toltecs. The next body was yellow in color. We then belonged to the Original Turanian race. Our next body was called white, although it was not really so, nor is it yet truly white.

It is really flesh color which is a mixture of light pink (mostly white and a little red) with a little yellow (mostly white with a little yellow). When we entered these bodies we were called the Original Semites. The Original Semites forged ahead rapidly in their evolution, and those egos who were not advanced enough to enter that race reincarnated in the Akkadian and the Mongolian races.

At the present time man's physical body is whitish pink with a slight yellow tinge. His muscular system is red with white fibers running through it. His circulatory system (blood) is red (arterial) and blue (venous). His nervous system is either white or gray. His living bones are pinkish-white on the outside, and deep red within. The heart is red. When the stomach is at rest it is pinkish color, but red when at work. The intestines are grayish-white on the outside and light red on the inside. The lungs are a grayish rose color. The liver is a dark red. The spleen is a dark purplish color. The pancreas is a light straw color running into a red, according to the amount of blood in it, which amount varies according to conditions.

Man's vital body is composed of four ethers - chemical, life, light and reflecting. The color of the chemical ether is medium-deep blue with an amethystine (violet) cast. The life ether is rose color with green scintillating through it. The light ether is light gold. The reflecting ether is a clear translucent blue resembling in appearance the blue core of a gas flame. It appears transparent and seems to reveal everything that is within it; nevertheless it hides all the secrets of nature and humanity until one has qualified him or herself to read it correctly. In it is found one record of the memory of nature. Taken as a whole, however, the vital body is the color of a new-blown peach blossom.

The desire body exhibits all the colors, shades, tints, and hues that we know about, and a vast number of others which are indescribable in earthly language. These colors vary in every person according to his characteristics, and temperament. They also vary from moment to moment as passing moods, fancies, or emotions are experienced by him. There is, however, in each person's desire body a certain basic color depending upon his or her planetary rulers.

Man's mental body is a yellow unformed cloud surrounding the head and shoulders. The seed atom of the mental body is located at a point between the eyebrows about a half inch below the surface of the skin; that part of the mental body which surrounds this seed atom is blue in color.

The vital, desire, and mental bodies compose the aura that permeates and surrounds each individual. While the color of each person's aura differs from that of all other individuals there is nevertheless a basic or ground color showing his or her status in the scale of evolution.

In the lower races this ground color is a dull red, like the color of a slow burning fire, indicating their passionate, emotional nature. When we examine people upon a somewhat higher rung of the ladder of

evolution, the basic color or vibration radiated by them is seen to be of an orange hue -- the yellow of intellect mixed with the red of passion.

By the spiritual alchemy unconsciously performed by most of us as we travel along the path of evolution and learn to make our emotions, in a measure, subservient to our mind through many experiences in the school of life, we are gradually freeing ourselves from bondage to the martial lucifer spirits and Jehovah, whose colors are scarlet and red. By obeying consciously or unconsciously the unifying altruistic Christ Spirit, whose vibration produces the yellow color which is now mingling with the red, we will gradually obliterate the red entirely.

The golden aureole painted by the artists gifted with spiritual sight around holy men and women is a physical representation of a spiritual promise which applies to humanity as a whole, and which has only been realized at present by the few who are called Saints. After lives of battle with their passions, after patient persistence in well-doing, after cultivating high aspirations and steadfast adherence to lofty purposes, these people have raised themselves above the red ray and are now entirely imbued with the golden Christ ray and its vibration. This golden aura indicates their emancipation from the power of Lucifer and Jehovah, whose work belongs to an earlier stage of evolution.

When observing the aura of people at the present time, the trained clairvoyant usually sees the scarlet of anger, the gray and steel blue of fear, the darkish blue of worry, the dark red cloud of hate, the black veil of despair, et cetera, more or less in evidence. Coupled with all that are the thought forms which the thoughts and emotions have created, and sometimes these thought forms become ensouled by elementals which remain with the thought form as long as the thought or desire which formed it endures. There is no possible way to rid oneself from all these conditions except by the individual efforts of each person to transmute his or her own evil tendencies, thoughts and actions into good through the cleansing, uplifting power of love.

We can never see anything outside of ourselves except through our own auras. When we habitually see faults, failings, and shortcomings in others we had best begin right then to examine ourselves. Are we jealous, envious, deceitful, unjust, censorious malicious, suspicious, any or all of these and more? Then we had best call a halt at once and begin taking stock of ourselves, as we are in a most dangerous condition. We have befogged, distorted, and discolored our own auras to such an extent that we are unable to get a clear, true perspective on anyone or anything that enters our environment. We are standing in the center of an evil colored, evil vibrating aura that is not only sensed more or less by all who come near us, but is actually smelled by those who have some degree of spiritual development. The more we deny facts and try to lay our shortcomings on others, the more evil and foul smelling our auras become; but when we are once willing to face facts and admit our own evil propensities, then it is truly possible for us, through repentance, reform, and restitution, to redeem ourselves, blot out our transgressions, and transform our auras through the all-redeeming power of love. After this change takes place in one's inner

nature and the individual begins to truly live a life of love and service, in time his aura commences to shine and each good and unselfish deed increases its luminosity and vibrant power enormously.

* * * * *

LESSON 6 --- AURIC COLORS

When the aura has reached a certain degree of spiritual illumination, just as surely as the magnet attracts the needle, just so surely will the brilliancy of that auric light attract a teacher to the individual who will assist him in gaining freedom from his physical body. There is never any danger that the teacher may overlook anyone who has attained the requisite development, nor need one be concerned about looking for a teacher. All that is necessary for him to do is to start to improve himself and earnestly and persistently to continue therein. In that way he will purify his vehicles, and they will commence to shine with such luminosity that they cannot fail to attract the attention of the teacher, who is always watching for just such cases and who is more than eager and glad to help those who, because of their earnest efforts to purify themselves, have won the right to receive instruction.

Humanity is sorely in need of helpers who are able to work from the inner world. But let no one imagine that going around from one professed teacher to another he or she is developing spiritual light and power. Kindly loving service to our fellow men is that which increasingly illuminates the aura; not much talk and pious looks, but daily acts directed by love and righteous thinking. Then when we as individuals have kindled the light, illumined our aura, the teacher finds us right where we are. He always appears to us during our waking consciousness and makes himself known. Note that in the Western Wisdom School we do not have Masters, but Teachers.

The time required to illumine the aura depends on one's stage in evolution, his persistence in right action, and his record in the book of destiny. Therefore no general time can be set, for it is an individual matter.

It is interesting to note that the aura permeates the entire physical body as well as extending beyond it in every direction. Be it colors good or bad, we are carrying them around with us both inside and out of our bodies; their vibrations, low or high, are constantly exerting a powerful influence for good or evil both on ourselves and those whom we contact. The aura of the average individual extends out into space all around the physical body about eighteen inches. The aura of the spiritual man or woman is larger than that of the ordinary one, and its luminosity is greater. The aura of an adept is still larger and more luminous, and the aura of an Elder Brother is not only much larger than that of an adept, but its high spiritual colors cannot be described, for as yet we have no names for its tremendously high vibrating colors, the most of which are quite undiscernable except to the highly developed seer.

The aura of such a one when discerned by clairvoyant sight appears at first as a brilliant dazzling white light in which later glorious indescribable colors appear in tints and hues the transcendent beauty of which is past all description. Something of this celestial light was radiated from the face of Moses when it was said in the Bible that Moses' face shone with such light that his brother Aaron and the other Israelites were afraid to come near him until he put a veil over his face. Again, at the time of the transfiguration when Christ took Peter, James and John, and brought them into a high mountain (meaning Initiation) and was transfigured before them, and His face shone as the sun, and His raiment was white as the light -- and the disciples fell on their faces and were sore afraid.

It is absolutely wrong to drape ourselves in dark, low vibrating colors and to furnish our houses with worse looking ones. Is it any wonder that people become depressed and ill surrounded by such dispiriting vibrations? When the God our solar system manifests in the three primary and four secondary colors, red, yellow, blue, green, orange, indigo, violet, and glorious white, why should we not try to follow His example? What kind of world would we be living in if it were composed of black, brown, and gray? Gray clouds are depressing, and black ones fill us with terror. What is more enlivening than a blue sky, sunshine, and gay flowers?

Houses, house furnishing, and clothing can be made most charming by combining colors with their harmonious contrasts. What could be more dismal than a town composed of dark brown houses, people clothes in dark gray, brown, or black, and trees with charred naked branches? Who would be attracted to such a place; who could remain joyful, and who could ultimately remain well? Then change the picture to cheery, light-colored houses, inhabitants clothed in cheerful tints of rose, blue, or orchid; gay colored flowers, and trees clad in soft emerald green. Why the color atmosphere alone would be conducive to animation, vitality, and health.

A doctor who is a spiritual man or woman, one whose aura scintillates with cheerful, healthy colors, and a nurse devoted to her high calling, radiating womanly purity, and imbued with the love of Christ, could practically heal a patient by virtue of their presence.

Too much importance cannot be attached to color in relation to healing. First there is the horoscopic compatibility between doctor, nurse and patient, for harmony or discord can be created right at the beginning either by harmonious or discordant vibrations, the seat of which can be traced far too many times to the discordant colors manifesting in the aura of the doctor, or the nurse, or in both.

Then there is the color of the doctor's and nurse's clothes. Black should never be worn in a sick room by anyone. It is not only negative, but it vibrates to concealment, repression, depression, gloom and despondency, regardless of the disposition of the wearer, and brings some of itself with it into the room and leaves some of itself behind when the wearer departs. An overamount of any dark element in color that is worn by an individual degrades light into heat, and that

prevents or obstructs the chemical action of light on the body. White can always be worn, and it carries a high, positive vibration.

Then there is the color of the woodwork, the walls, and the furnishings of the sick room, none of which should ever be somber. Beautiful pastel shades of blue, yellow, rose, green, orchid, can always be utilized, and for certain purposes the deeper colors can be used to advantage. If pictures are used they should be well chosen. Natural scenery is good. Strength, power, joy, nobility -- in fact all uplifting emotions -- can be beautifully depicted in pictures. Pictures of storms, wrecks, battles, and any sort of violence should be avoided. A friend once visited a sick room and found on the walls "The End of the Trail" and two more pictures similar to "The Last Days of Pompeii" and "The Death of Joseph." This friend went down town and bought several cheerful uplifting pictures to replace them, like "The Boy Christ," "Spring," and "The Song of the Lark."

* * * * *

LESSON 7 - LESSON 7 - ITS MANIFESTATION & VALUE

"In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him; and without His was not anything made that was made. In Him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehend it not."

The sun is the source of light and life so far as our earth and its inhabitants are concerned, and in its light are all of its elements to be found. This light-life separates itself into seven distinct colors and these same colors are found both within and without man's body. Let us remember that the earth was once a part of the sun and therefore has within it all the elements of which the sun is composed; man's physical body, of the earth earthy, contains within it all of the elements found in the sun and in the earth.

In order that man's body may be kept alive and in a healthy state, it must be continually rebuilt. Food and sunlight are the agencies used to perform this work.

The vegetable world lives off of the mineral world; and, by means of Nature's perfect laboratory, changes its inorganic elements into organic substances readily usable for the sustenance of mankind. Hence vegetable food and sunlight, which contains all the elements found in the sun, are natural builders of the physical body. Both are absolutely necessary at the present time to preserve life and health. Food is taken into the body and absorbed internally by it. Sunlight is absorbed externally by the body. Sunlight may be applied directly to the skin or its separate colors may be separated and each color applied by means of mechanical instruments. Dr. Babbitt mentions two of these. One is the chromo lens, and the other is colored substances through which electric light shines. This is called a disk.

The chromo lens is made of glass, double convex and hollow, seven inches in diameter and will hold 42 ounces. It comes in different colors, and does not constitute a lens until filled to the neck with water or some other transparent liquid. When hanging in the sun, it receives the most exquisite medical elements into the water according to its color; moreover, the elements received are so refined that they do not injure the stomach.

The light of the sun constitutes a truly celestial materia medica, for safer and by far more potent and really enduring than any cruder elements, provided one knows how to apply it.

All colors emanate from the sun, and each has an influence all its own upon the physical body. These colors are easily segregated by mechanical applicances, one of which is the spectrum.

Color is not only a measure of power in all grades of matter, but to a large extent it is a measure of quality as well. Power expresses itself as force, and force when applied to color is divided into two fundamental classes, namely, expansion and contraction. When a force exerts its power on the principle of expansion it is called thermal, meaning hot or warm; when it exerts its power on the principle of contraction it is called electrical (cooling).

In colors, those substances that reveal red, orange, or yellow and act on the principle of expansion are classed as Thermal (hot), while those that act on the principle of contraction and give forth a blue, violet or indigo color are called electrical (cool). In all grades of matter, this division of forces holds true.

Matter, Max Heindel states, is divided into four grades, solids, liquids, gasses, and ether; and the same fundamental laws apply to each of these grades, since Nature is in harmony with itself in all of its realms.

An examination with a spectroscope of the remedies used by physicians reveals the fact that the colors found in the remedies have a definite correspondence to the healing value ascribed to the medicine used by the physician. For example, red is said by the occult scientist to have a stimulating effect, as it increases the activity of arterial blood flow. Remedies prescribed by doctors as a tonic -- animating, stimulating, increasing heart action, blood-building -- are found to have red predominating. Again, cayenne pepper, usually a bright scarlet, and exciting condiment, is universally acknowledged as a powerful stimulant, producing a decided sense of heat in the stomach and glow all over the body. Capsicum (cayenne pepper) is used by physicians as an arterial stimulant and if applied to the skin will cause it to turn red. Iron is a reddish color. The preparations of iron are powerfully tonic, raising the pulse, promoting the secretions, and increasing the coloring matter of the blood. Balsam of Peru is a dark reddish brown color, a warm bitterish taste, leaving when swallowed a burning or prickling sensation in the throat; it is a warm stimulating tonic. Cloves internally reddish are among the most stimulating of the various spices.

Dr. Penza, Director of the Lunatic Assylum at Alessandria in France had a patient afflicted with morbid taciturnity, who became gay and affable after three hours stay in a red room; another, a maniac who refused all food, asked for his breakfast after having stayed 24 hours in the same red room. A despondent, weakened condition is very apt to result from an excess of venous blood in which the blue principle predominates, hence the importance of red light in treating such cases.

Dr. Edwin Babbitt tells of a boy aged eight years who had a tedious convulsion from a severe attack of diphtheria. This was suddenly interrupted by a very severe of palsy on the lower half of both sides of the body; paralysis was almost complete. The boy could not walk, and could stand only when supported by a table or chair. The doctor arrayed the boy entirely in white and placed him in a strong red bath from one to two hours at a time. (Note the length of time used.) Soon after being placed in the red light, the boy would fall asleep (note symptoms), and a profuse perspiration would burst forth, saturating his underclothing. In three weeks, this boy was walking firmly and in two months was perfectly well. The doctor watched him for over two years and he continued to have perfect health.

LESSON 8

As stated in Lesson 7, red stimulates and increases the action of the warm red principle in the human system, as for instance, the arterial blood. We find many people of both sexes and of all ages who constantly complain of coldness, congestion and general inability to move about with freedom. For such is a real need of the judicious use of red, as it serves to counteract the progress of all paralyzing and dormant tendencies.

Red is injurious, of course, when there is already too much red or an inflammatory condition of the system, such as the predominance of red hair, ruddy countenance, or feverish and excited conditions in general.

Relative to the beneficial effects of red, Dr. Babbitt tells of a man 45 years of age, an overtaxed and prematurely worn out man of business who became involved in financial troubles. His mind and body were continuously on the rack; he could neither eat nor sleep normally; and at last complete physical exhaustion and nervous prostration naturally came upon him. The doctor decided to try the red light treatment, especially as his prostration was unattended by any indication of morbid irritability. In all his experience as a physician, he had never witnessed more remarkable beneficial results than were at once produced by the red ray in this case. The very first bath had the most encouraging effect. It acted as a tonic on both mind and body, dispelling his gloomy apprehensions and gave vigor to his physical functions. Commencing with small doses, he gradually increased them until assured that the most effective dose had been reached in proportion of red to plain

panes of glass and in length of bath. The patient rapidly improved notwithstanding his continued attention to business. From the first he slept more refreshingly, ate with better relish, and recovered a healthy appearance. Three weeks' treatment sufficed, and afterward there were no signs of relapse.

In one of the French Insane Asylums the effect of red was very interesting. Here the red ray caused results which confirmed the popular belief in its exciting influence. When violent and maniacal patients were placed in rooms where the red ray predominated, they became worse and all their violent symptoms were aggravated.

The red ray of the sun is its particular vehicle for transmitting its life force. Therefore this ray is best suited to dispel dormancy and arouse action. A work-room painted and furnished entirely in red will increase activity among the workers, regardless of sex or age. It will, however, incline these workers toward undue impetuosity to such a degree that frequent intense quarreling may result.

The following ailments are benefited by red ray treatments: Emaciation, weak heart, chills, asthma, tumors, anemia, catarrh, paralysis, night sweats, melancholia, cold hands, feet and body, stiff neck, back, limbs, corns, dropsy, hemorrhoids, deficient nutrition, lack of vitality, torpid liver, intestinal sluggishness. Hemoglobin built up by this treatment keeps the blood fluid.

Yellow, the second primary color, is animating, stimulating, and warming to the nerves, and it also rekindles their energy. In all cases yellow is the neutral principle of nerve stimulus as well as the exciting principle of the brain, which is the fountain head of the nerves. Nervous and cerebral (brain) stimulants consist of the expansive and repulsive principle of yellow which acts strongly on the brain. For example, opium, in which the yellow principle predominates, is especially powerful in its effect. Yellow also acts on the nerves of the stomach, exhilarating the action of the nerve fluids. It also has a direct effect on the nerves of the gall bladder, causing it to expel the bile, which is yellow. Yellow is both a laxative and a purgative. In castor oil, rhubarb, sassafras oil, peaches, yellow of egg, epsom salts, sodium phosphate, etc., the yellow color is decidedly predominant. There is a strange resemblance between the color in medicines and that of the different tissues of the body. Stimulating substances which have an affinity for the nerves and kidneys have yellow as their leading principle. For example, Indian hemp, dandelion, potassium carbonate, mustard, etc.

Dr. Babbit prints several testimonials of patients who have used the yellow ray and who have received great benefit from its use, one of which is: "I have tried the novel experiment of yellow light and have been astonished at the results. I have found water charge with the sun's rays through yellow glass to be an absolute and unfailing cathartic; in small doses, a gentle laxative.... What its qualities are beyond these effects I do not know, but this much seems certain, and it is marvelous. To me it is a great blessing.. I am quite, made, and kept so, by the yellow light."

An editor in Bridgeport, Conn., focused the yellow lens awhile over the right side of his body to affect the liver and it started the bile so powerfully as to cause nausea and afterwards a thorough purging.

The following communication, written to Dr. Babbitt, is from Mrs. Fanny Livingston, of Columbia, California. Mrs. Livingston was a confirmed invalid before taking the solarized water. "I call the color-charged water the elixir of life. I have been using the water charged in the yellow-orange lens (bottle) with wonderful, I think marvelous, effect..... You can imagine how delighted and grateful I am when you know it is over eight years since I had a natural movement of the intestines."

To this testimonial Dr. Babbitt adds: This yellow-orange (amber), being nerve animating, is the proper force for all paralyzed or nervously dormant conditions. A fine grade of yellow is revealed in brain stimulants, as phosphorus.

Yellow is injurious and overexciting to a system which has the nervous condition already overactive and perhaps irritable. It is also injurious where there is fever, acute inflammation, delirium, diarrhoea, neuralgia, palpitation of the heart, and overexcitement of any kind.

The following ailments are benefited by yellow ray treatments:

Paralysis, colds, numbness, congestion, constipation, liver and kidney pains, congestion of muscles, congestion in head, nerve depletion, coughing, dry skin. Note that yellow has a strong influence on the action of the intestines.

Orange, closely associated with red and yellow, is therefore stimulating and animating to both the blood and the nerves. Orange is particularly warming, but less heating when combined with an equal amount of white.

LESSON 9 -- COLOR, ITS MANIFESTATION AND VALUE

Note that red is an exciting, stimulating color, arouses the system, and stimulates the activity of the arterial blood. The planet Mars, whose keyword is dynamic energy, also vibrates to red. Consequently a Mars color used during good aspects of Mars will bring more effective results. Red is injurious in overexcited conditions.

Yellow is the central principle of nerve stimulus as well as the exciting principle of the brain, which is the fountainhead of the nerves. Yellow is also used as a purgative. Mercury rules the cerebrospinal nervous system, stimulating it into action. Mercury occurs native in calomel (a yellowish-white powder), a medicine used as a purgative. Yellow used during the good aspects of Mercury will bring the best results. The Lords of Mercury came to earth for the purpose of giving a further impulse to mental development.

Let us remember that in colors those substances that spectroscopically reveal red, orange, or yellow colors, act on the principle of expansion and are called thermal, meaning heat-producing. Those substances that act on the principle of contraction and give forth blue, indigo, or violet colors are electrical, meaning cool producing. This division of forces holds true in all grades of matter from the clod to God. Blue is particularly soothing, antiseptic, and cooling to the blood; violet, to the nerves; indigo partakes of the nature of both blue and violet and is therefore cooling and soothing to both blood and nerves.

In studying the effect of the color blue we come to the cold, electrical, and contracting potencies (powers), which are very fine and penetrating, and also very soothing to all systems in which inflammatory and nervous (overstimulated) conditions predominate. For example: If the red arterial blood should become ever active and inflammatory, blue light or some other blue substance will be the balancing and harmonizing principle to apply. Again, if the yellow, and to some extent the red and orange, principle of the nerves should become unduly excited, blue would be the soothing principle to apply. This applies to the nerves of the stomach, cranium, bowels, and kidneys as well as elsewhere, in which the heating and expansive action of these thermal principles may beget the condition of delirium, emesis (vomiting), diarrhoea, diuresis (free or excessive excretion of urine), et cetera, that can be assuaged only by the cooling and contracting influence of substances possessing the electrical colors.

Blue rays convey sulphur, chlorine, cobalt, manganese, and many other elements of a kindred nature. Solar rays are never poisonous, though drug forms are often deadly in their effects. As blue light is always antiseptic, water charged with blue never becomes putrid from one year's end to another. Purple-infused water also retains its purity indefinitely.

To charge or solarize water it is necessary to let lenses (or bottles) hang in the sun for several consecutive hours, but of course

the intensity of the light reaching the window must have much to do with the actual amount of time required for adequate solarizing. Dr. Babbitt was accustomed to hang his lenses on screw-eyes on the middle of the sash piece of a window and allow them to remain there constantly. In very cold weather they must not be placed outdoors. This is simply a precaution against freezing.

Lenses become particularly effective if focused for a short time externally over the affected parts of the body of the patient, but the water charged with light rays of the same color should be taken internally. External action reaches the thin, one layer membranes like the pericardium (heart lining) more directly than internal action, while the internal action affects the mucous membranes (two layers, alimentary canal) more directly.

Deafness is often caused by an inflamed condition of the eustachian tube, in which case gargling with water charged with the blue ray is found particularly efficacious. This gargling should be repeated several times a day. A blue lens focused over the afflicted ear very often proves very efficacious. Note, however, that if the nerves of the ear are paralyzed or dormant, then the focusing of the yellow ray into the ear three times daily for fifteen minutes each day is the treatment required.

For the removal of cataracts the purple lens is found to be the most effectual in cases of inflammation of the membranes or coats of the eye or eyeball, and for general irritability or redness of the eyes blue light is needed and water charged with blue should be used as an eye wash.

Blue charged water has accomplished many cures in obstinate cases of inflamed scalp, dandruff, baldness, and burns; a blue compress giving speedy relief in the case of burns, often removing pain as if by magic. Dr. Babbitt tells of the case of a woman, who, after recovering from a severe illness, became completely bald. Her physician examined her scalp with a microscope and declared that there were no roots of hair remaining, and that consequently she would never again have a natural head of hair. Under the blue glass treatment, however, the hair did begin to grow, the lady discarded her wig, and when she called upon General Pleasanton, who recommended the treatment, she showed him a luxuriant growth of hair. This case was reported at the time in both the Chicago Tribune, also the New York Tribune.

Dr. Babbitt also relates the case of a woman who, owing to an accident in the family, first lay entirely awake many nights; then a neuralgic headache set in, and her stomach refused food for many days--her condition was alarming. The light had to be shut out entirely from the room as a single ray seemed to distract her. The doctor bound up the eyes so as to darken them, then leaving the forehead exposed, placed her in the sunlight, concentrated it by the blue lens on the forehead and in five to ten seconds she actually fell asleep under it while sitting up. The change was most startling in showing instant relief. The agonizing headache was gone, and under the heavenly relief of the reaction the brain and nerves sank into a perfect repose. The headache was cured. After waking the woman described her sensation as having

been that of a cool stream entering her burning head and passing through sweeping away all pain. The doctor also states that while these fine forces are swift to act, this great revolution in the woman's condition taking place in from five to ten seconds is one of the most lightning-like processes of cure on record.

Blue is an important nervine, a sleep inducer, an antiseptic (substance that opposes decay), and a safe and thorough astringent, particularly serviceable in cases of dysentery. As an antiseptic it is safe and powerful. It is anti-inflammatory and extremely useful in overcoming gastritis, colic, flatulency (gas in alimentary canal), and even cancer of the stomach.

* * * *

LESSON 10 -- COLOR, ITS MANIFESTATION AND VALUE.

Blue solarized water has repeatedly proved highly efficacious as a gargle for a cankerous mouth, and even for malignant sore throat. In such cases, it should be held in the mouth or gargled for a few moments, then expectorated, after which a small quantity should be swallowed. Blue solarized water also serves as an excellent wash for inflamed eyes, as well as for burns and wounds; it also prevents hair from falling out and makes the skin soft as silk when used for bathing.

Purple is an effective remedy for indigestion, and when purple saturated water is combined with salt, it is unequalled as a nasal douche in cases of catarrh. For cataract, the purple lens is recommended.

Blue or indigo alleviates all feverish suffering, and purple animates the venous block and stimulates the entire digestive system. A blue disk is important for focusing over any hot or inflamed portion of the body, such as wounds or parts where hemorrhages take place, or an excitable heart.

The light should be directed over the stomach in gastritis, over the bladder in cystitis, and over the throat in pharyngitis. The purple disk is often useful over the stomach for indigestion, the red-purple being best for dormant stomach condition, and blue-purple for too much heat and fermentation, or gasses in the stomach. Purple is good for the kidneys, and it is also good for asthma.

A patient writes to Dr. Babbitt: "The blue lens which I got from you last spring has done me incalculable good in quieting my over-excited nervous system, producing sleep when every other sedative either failed or left results more to be deplored than insomnia itself.

Of another patient the doctor says: "An elderly lady had been afflicted with sciatica for eleven years and had not been free from pain a single day during that time. She was fifty-nine and seemed to

be seventy. The disease was confined to her left limb, and the knee, ankle, and foot were swollen to twice their natural size. Three panes of blue glass were inserted in a west window.... and the bath applied to the diseased parts; and in approximately two and a half hours a large lump on the ankle the size of a hen's egg, and of a purplish color entirely disappeared, as did also the pain and soreness. Then, the doctor states, in a few days the disease attacked the knee, and again the blue light was applied, and in less than three-quarters of an hour the pain had left, the swelling and soreness had disappeared, and the limb to all appearances was as healthy as ever. The disease was entirely cured and the woman was able to walk about the house as lively as a sixteen year old girl.

A case of violent hemorrhage of the lungs was cured by the use of the blue ray, another of cerebro-spinal meningitis; another of neuralgia headache; several cases of rheumatism are also recorded by the doctor as being entirely cured, also sun-strokes, cholera infantum, nervous irritability, neuralgia, and paralysis all of which are accompanied in the doctor's book by written testimonials of the various patients.

The effect of the blue rays: sedative, pacifying, slightly astringent, high blood pressure retarding, blood cooling, sleep inducing, eases heart work, allays fever, nerve quieter.

The blue ray should be applied in cases of fevers, inflammation, indigestion, acute infection, wounds, gastritis, rheumatism, sciatica, sunburn, diphtheria, scalds, burns, neuralgia, cankers, tonsillitis, tumors, inflamed skin, sore throat, inflamed eyes, convulsions, palpitation of the heart, violent lunacy, delirium, hysteria, sea sickness, nervous tension, intoxication, inflammation of the bladder, sleeplessness, swellings, is perfect antiseptic, and germicide disinfectant. In fact, blue is good for inflammation of all descriptions.

In the plant world, it is noticeable that plants which have a tendency to produce narcotic effects have flowers that are blue, purple, or violet, or else the juice of the fruit of these plants partake of one of these three colors.

Blue hat linings are often found extremely quieting to sufferers from frequent headaches, and this blue color is also an antedote to hot feverish conditions of the scalp, accompanied by brittle and falling hair with a tendency to baldness.

Purple serves as an excellent medium between the highly stimulating red and the cooling, tranquilizing blue. The purple ray should be applied to animate the venous blood and the digestive system.

Green is an extremely quieting color, except dark green which borders so closely on black as to possess very little tranquillizing tendency. Pale green, however, is extremely quieting to over-excited children.

It must be remembered that green is a mixture of colors, partaking of the nerve-animating qualities of yellow and the blood-cooling properties of blue. Light green is indicative of delicacy of feeling, and when found in the aura reveals an unusually refined disposition. In cases of insanity green aggravates the malady. Green is an astringent, an antiseptic, a disinfectant, a mental stimulant, a digestive alkalizer, and an inducer of sleep. The green ray is good for head colds, boils, croup, eye strain, hay fever, whooping cough and nerve exhaustion. It is the color of the earth and perfectly tuned to its vibration. Chlorophyl is the green coloring matter in the plant kingdom. It is a waxy substance composed of oxygen, hydrogen, and carbon combined.

Dr. Babbitt states that every emotion experienced by man has a color all its own which manifests in the human aura. Benevolence produces a soft light green of indescribable beauty. Firmness produces scarlet. Over self-esteem, purple. When a person laughs or sends forth happy thoughts, a dancing play of bright colors appears.

LESSON 11 -- COLOR-ITS MANIFESTATION AND VALUE

Everything in manifestation is the direct result of vibration. Light is created by vibration, and vibration owes its origin to the energizing will of God. God said (vibration of the spoken word), "Let there be light." God said (vibration of the spoken word), "Let there be a firmament." God said (vibration of the spoken word), "Let the waters under the heaven be gathered together." God said (vibration of the spoken word), "Let the earth bring forth" God said (vibration of the spoken word), "Let there be lights in the firmament" God said (vibration of the spoken word), "Let the waters bring forth abundantly" God said (vibration of the spoken word), "Let the earth bring forth ..." God said (vibration of the spoken word), "Let us make man in our image." And on the seventh day God rested from all His work and blessed the seventh day and sanctified it.

Here we have a short summary of the story of how the creation of a solar system came into existence, the keynote of which is vibration brought into manifestation by God, our Divine Creator.

Light is the vehicle of life. "In Him (God) was life, and the life was the light of men." Light, therefore, being the vibratory vehicle of life, is a positive force in nature. Dr. S. Pancoast, a noted medical physician, says that light is "a positive power or force in nature, an actual and active manifestation of the Omnipotent Will of the Creator." The doctor further states that light is "the Vital Energy that destroys and creates." Dr. Pancoast has written a book on "Blue and Red Light." As an ordinary light ray is composed of color rays, and these rays are vehicles of life, then it is clear that when correctly applied these color rays will carry a healing life force to whatever they contact. Color treatments should be applied to the bare

flesh. However, if for any reason cover is necessary, it should be either white or else at least in harmony with the color used in the treatment.

At the present time we hear much about vitamins. But what are vitamins? The latest investigations reveal that vitamins are wave lengths of light and color stored up in foods by the Sunlight. In other words vitamins are life force; and this life force is conveyed to the plant kingdom by means of the sun's rays.

According to an article printed in Nature's Path Magazine, October 1940, the dominant color of each vitamin is as follows: Vitamin A, yellow; vitamin B, red; vitamin B-1, green; vitamin C, lemon; vitamin D, orange; vitamin E, scarlet; vitamin F, blue; vitamin H, turquoise; vitamin K, violet.

This article further states: "It is interesting to note that psychiatry concedes the long-known fact that color schemes of a room have a very distinctive effect on mental patients. Dr. Podolsky in an article 'The Effect of Color on the Mind' cites the case of a soldier who had suffered shell shock in Flanders and was given to attacks of nervous prostration upon hearing any unexpected noise. This soldier was admitted to a hospital and placed in a color room the governing idea of which was sunlight. The room suggested the open fields and the color scheme was that of Spring. The ceiling was blue, the upper portion of the walls yellow, and the lower portion light green. The floor covering was of green felt, toning with the others of the walls. The window hangings were of deep yellow and the artificial light was diffused by means of orange electric bulbs placed around the walls behind a cornice. The patient lived in this room. Within a month all signs of nervous irritability had gone."

Quoting further from the article: "Colors have very real effects on the mind. They act very much in the same manner as do drugs, with the difference that drugs for mental conditions have a deleterious (hurtful or destructive) effect on the body, while colors are harmless. Chromata treatments may be stimulating or calming. Monotony in color, however, is deadly. The constant visualization of blankness, no matter what that blankness may be, is discouraging to the sick mind. Accordingly, while the walls and the furnishings of the room may be predominantly of one color, this color should be relieved by the introduction of other hues. Thus green may be modified by touches of yellow or blue; soft yellow by pale green; pale blue by orange or violet; violet by red or blue. A combination of blue and violet has been found beneficial for overactive nerves, especially insomnia.

"Spring green is a combination of purest blue and yellow and is a fine mental sedative. Cardinal red is of value in extreme cases of mental depression. It has definite stimulating properties, not only on the mind, but other functions of the body. It has been used in the rooms of lazy children, and by athletes about to run a race. Yellow will stimulate without exciting, and in conjunction with violet is beneficial in cases of depression, one color being the complement of the other.

"The study of the effect of color on various physical and mental ailments is one of the most intriguing and leads to surprisingly effective new methods of treatment by electric chromata or color lamps."

Water is one of the most perfect chemical combinations. Water is composed of two parts hydrogen, whose ruling color is red (thermal--warm), and one part oxygen, whose ruling color is blue (electrical--cooling). So great is the affinity of these two substances that they are swept together about 2,000 times as close as when in their gaseous state. Having this marvelous union of contrasting elements, water readily combines with alkalies and other thermal (warm) elements by virtue of its oxygen element, and quite as readily with solids, and other electrical elements by virtue of its hydrogen element, thus being the most universal of all solvents.

Green has no complementary color. It is the physical balancer. Violet, composed of blue and red, is the emotional balancer. According to E.A. Ernest, author of "Chromaray, Triloray Manual," every organ in the human body, every muscle, nerve, et cetera, apart from its individual color vibration, responds to green. When the physical body has lost its assimilating power to select from light the potencies required for health and harmony, it manifests disorder, disharmony and disease, lack of equilibrium or balance between heat and cold; red and blue; electro-positive and electro-negative; stimulant and depressant, alkaline and acid. Balance is restored by either feeding the under-active organs with the missing vibratory frequencies of a highly refined potency-color or by checking the overactive organs by means of color. Color restores the body balance without causing another imbalance, or harming it in the immediate or distant future. The colors are easily absorbed by the skin and mucous membrane and act as a natural agent neutralizing the body through the segregated light. Chromotherapy treats the cause of disease, imbalance, instead of the effect.

* * * * *

LESSON 12 -- COLOR-ITS MANIFESTATION AND VALUE

In studying healing in relation to color one should not fail to note the value of color-charged water. This color charging is so easily done if one can obtain bottles of the required color, and its benefits are tremendous. In hot weather one should change water charged with yellow about every fourth day. In cooler weather about twice a month is often enough. Water charged with blue or green is antiseptic and needs no changing.

Water charged with yellow makes a very effective purgative. Average dose is four tablespoonfuls before each meal until elimination takes place. In case of an emergency one may repeat the dose every hour until results are obtained.

Sun force can be bottled up in water, as the following experiment by J.T. Waters, D.M., will show: "I put a bottle of water in the sun for two days in a clear (transparent) bottle, then drank a couple of

swallows, and for two days I thought it would burn me up. I could not believe it was the water, so after it was over, I repeated it with a smaller dose; the effect was the same in proportion to the dose." Riverton, Nebr., Mar. 18, 1894.

Five minutes in bright sunlight is sufficient to magnetize water in a clear, transparent bottle.

Under the influence of red and yellow solar rays, bread, which ordinarily may seem unpleasantly heavy and somewhat indigestible, becomes much lighter and after eating produces no dyspeptic symptoms. Milk, after exposure to the sun's rays for about three hours on a bright day, becomes readily digestible in cases where if taken unsolarized it would cause suffering from indigestion. Furthermore, solarized nourishment has a tendency to tone up the system and is of very great advantage with delicate infants who are nourished with extreme difficulty when the mother's milk for any reason is unavailable.

One of Dr. Babitt's students writes: "I used the red glass over a yellow vase so as to act on bread, milk, and fruits. For many years I have had a sensitive taste. After they had remained a long time under a bright sun I felt a spicy and peppery taste on my tongue from them. That which had been sun-charged had acquired a particular quality. My digestion became very active ---- As to water, since I have drunk that which has passed under the sun, I do not wish any other. Ordinary water seems hard, acrid, and heavy, and the same with toilet waters. The blue-charged water is so agreeable that the girls who have tried it want no other on their skins." The same lady later reported that she had saved a life by means of the blue lens. (The writer's husband was a doctor and she was his assistant).

For the removal of cataracts the purple lens is the most effectual. In cases of general irritability or redness of the eyes, blue light should be used, and a blue charged water employed as an eye wash also helps greatly. Blue-charged water has accomplished many cures in obstinate cases of dandruff, inflamed scalp, chapped hands, burns and baldness. A blue compress wrung out of blue charged water gives speedy relief in cases of burns, often relieving pain as if by magic. Being antiseptic it makes an excellent rinse after a sweat bath as it closes the pores and prevents taking cold.

In cases of paralysis of the retina of the eye, yellow-orange light should be used. If entirely blind, the patient should open his eyes and turn them in the direction of the light as though he were actually looking at it and could see it. If the light becomes painful it should be removed for a few moments, then the gazine resumed, always resting the eyes as often as necessary. Repeat treatment several times a day.

Yellow charged water animates the liver and kidneys as well as the intestines. Water charged with purple light is excellent for indigestion. Combined with salt it is perhaps unequalled as a nasal catarrh douche. It is also excellent for the scalp and for cleansing all mucous membranes lining the cavities in the body.

The wave length of red is $1/33,000$ of an inch.
 " " " " orange is $1/38,000$ of an inch.
 " " " " yellow is $1/43,000$ of an inch.
 " " " " green is $1/50,000$ of an inch.
 " " " " blue is $1/57,000$ of an inch.
 " " " " indigo is $1/59,000$ of an inch.
 " " " " violet is $1/65,000$ of an inch.

Red has the longest wave length and violet the shortest.

Red	vibrates	437,000,000,000,000	(trillion)	times	per	second.
Orange	"	474,000,000,000,000	"	"	"	"
Yellow	"	511,000,000,000,000	"	"	"	"
Green	"	584,000,000,000,000	"	"	"	"
Blue	"	658,000,000,000,000	"	"	"	"
Indigo	"	695,000,000,000,000	"	"	"	"
violet	"	732,000,000,000,000	"	"	"	"

A low or feeble respiration is raised by flooding the lungs with orange light. A rapid or high respiration is lowered by flooding the lung area with indigo light. A feeble or slow pulse is raised by applying a double disk (one over the other) of blue and red over the heart area and applying the same treatment to the kidney area. A hard and fast pulse is lowered by applying double disk of yellow and violet on the heart area. For irregular pulse flood the heart area with double light made of red and violet. Red-charged water carries a blood-warming element and tends to offset those pale bloodless conditions called anaemia. A red disk focused over rheumatic parts of the body bring about most desirable results.

Sugar of milk can be easily charged with any color and can be carried around in bottles. A dose of charged sugar of milk should be about as large as two or three medium-sized peas. Dr. Babbitt states: "A lady who had been so agitated by a fever that she could not sleep, sank into a very comfortable slumber after taking as much blue-charged sugar as would lie on the point of a penknife; and the sleep became still deeper the next night by doubling the dose, and there were no bad after effects."

* * * * *

LESSON - 13 --- COLOR, ITS MANIFESTATION AND VALUE

The nerves and blood vessels of every important internal organ are directly connected with the nerves and vessels of the skin. This is the reason why it is possible to produce certain effects by the use of local applications or concentrated color applied to the surface of the skin.

The cerebral and pulmonary circulations are closely connected with the skin covering the shoulders and upper part of the back and the arms and hands. The skin covering the top of the head, the face, and back of the neck is closely connected with the brain. The blood vessels of the scalp are also closely connected with the brain as the blood vessels of both brain and scalp are joined together. The skin on the back is closely connected with the centers of the spinal cord as is also the entire skin surface of the limbs and trunk. The skin covering the neck is also closely related with the larynx and pharynx. The portion of skin directly over the heart is closely connected with the heart. The skin directly covering the lungs before and behind, and the inner surface of the thighs, have a very close connection with the lungs. The skin covering the lower part of the chest on the right side is most closely connected with the liver, while the skin covering the chest on the lower left side has a close relation to the spleen. That part of the skin covering the lower part of the abdomen is closely associated with the bladder, kidneys, ovaries, uterus, rectum, and intestines, and that part of the skin covering the lower tip end of the breastbone is also very closely connected with the kidneys. The skin immediately around the umbilical region of the abdomen is particularly in close connection with the abdomen, while that covering the lower part of the abdomen is more closely associated with the bladder, colon, rectum, uterus, and prostate gland. The skin covering the inner side of the thighs is also very closely connected with these same inner parts of the body. The skin on the left side of the chest over the stomach is the most closely connected with the stomach. The skin on the feet, particularly the soles, is especially responsive to color; the nerve centers of the feet appear to have a very close connection with the brain, lungs, uterus, ovaries, bladder, and intestines. Flooding the soles of the feet occasionally with green light will have a most beneficial effect.

To raise blood pressure use blue and red disks combined. To lower the blood pressure use violet and yellow disks combined. To stimulate the functional activity of the heart use violet and red disks combined. To stimulate the functional activity of the brain use green and yellow disks combined. To decrease the functional activity of the brain use blue and green disks combined. To beautify the skin use the blue disk. For a counter irritant use the blue disk. To produce perspiration use the orange disk. For a disinfectant use the green disk. To increase the activity of the ductless glands generally, use the orange disk. To decrease the activity of the ductless glands generally, use the indigo disk. For an emotional balancer use the violet and red disks combined. To energize the heart use the violet and red disks combined. To depress the heart use the violet disk. To build up the red coloring matter in the blood use the red disk. To stimulate the liver use the red disk. to decrease the functional

activity of the liver use the blue disk. To stimulate the intestinal tract use the orange disk. To stimulate the activity of the kidneys use the blue and red disks combined. To diminish the activity of the kidneys use the yellow and violet disks combined.

To stimulate the activity of the liver use the red disk. To diminish the activity of the liver use the blue disk. To stimulate the activity of the lungs use the yellow disk. To build up the lungs use the orange disk. To build up the muscles use the green disk. To build up the nerves use the yellow disk. To quiet the nerves use the blue disk. To relieve pain use the indigo disk. To stimulate the activity of the pineal gland use the blue disk. To increase the functional activity of the pineal gland use the green disk. To increase the activity of the thymus gland use the yellow and green disks combined. To build up the activity of the thyroid gland use the orange disk. To decrease the activity of the thyroid gland use the indigo disk. To stimulate the activity of the adrenal glands use the violet and red disks combined. To stimulate the activity of the spleen use the yellow disk. Tone up the stomach use the orange disk. For a general body tonic use blue and green disks combined. To increase the functional activity of the veins use yellow and violet disks combined. To decrease the functional activity of the veins use blue and red disks combined. To increase the functional activity of the arteries use blue and red disks combined. To decrease the functional activity of the arteries use yellow and violet disks combined. As a general vitality builder use blue disk.

Frequent short treatments are preferable to few long treatments. Treatments should be given daily to obtain the best results. In cases of high fever, or severe burns, it is necessary to apply the color treatment for hours, but there should be frequent interruptions of fifteen minutes, and there should be at least one hour between treatments and meals, and between treatments and a bath. Treatments with a hundred watt globe may last from 15 to 30 minutes. The greater the power of the light the less time required for a treatment. The disk should be held about six inches from the area treated. In giving color treatments it is not necessary to have a dark room, but it is better to have the shades down.

The keywords of red are: heat, stimulation, expansion.

The keywords of orange are: heat, expansion, motor activity.

The keywords of yellow are: motor and nerve activity.

(The most intense luminosity of the spectrum)

The keywords of yellow and green are: balance and stimulation combined. Improve metabolism.

The keywords of green are: coolness and cleanliness.

The keywords of blue and green are: coolness and cleanliness. Cleanses by oxidation.

The keywords of blue are: calmness, penetration, coolness of blood.

The keywords of indigo are: coolness of blood and nerve sedateness

The keywords of violet are: depression with a slight degree of heat and stimulation. Assists mental nervous type to relax.

The keywords of yellow and violet are: depression and motor activity. Acts first as a stimulant then as a depressant.

The keywords of violet and red are emotional balance.

The keywords of blue and red are: oxidation and stimulation. Increases heart action and raises arterial stimulation and oxidation.

Paraphrasing Max Heindel, God is one and undivided, but He appears three-fold in manifestation, blue, yellow, and red. Those primary colors are emblematical of the Father, Son, and Jehovah. They are radiated through the sun and produce Life, Consciousness, and Form upon each of the planets.

* * * * *

LESSON 14 --- COLOR - ITS MANIFESTATION AND VALUE

For the function or action of every color there is a corresponding drug, for example:

Red, arterial stimulant - drug, ammonia.
Orange, lung builder - drug, carbonate of lime.
Yellow, cathartic - drug, calomel.
Yellow-green, cleanser - drug, sulphur.
Green disinfectant - drug, chlorides.
Boué-green, absorbent - drug, boric acid.
Blue, alleviator of pain - drug, citric acid.
Indigo, astringent - drug, aconitum.
Violet, motor nerve depressant - drug, opium.
Yellow-violet, digestant - drug, chloral hydrate.
Violet-red, emotional stabilizer - drug, digitalis (Foxglove).
Blue-red, cardiac energizer, - drug, potassium nitrate.

Most, if not all, physicians (M.D.'s) now recognize the curative value of the infra-red (infra, below, under) ray and the ultra-violet (ultra, beyond) ray. This being an established fact, one wonders just what is the reason for their rejection of the value of the other seven colors that can be cognized by the sense of sight, while accepting the curative values of the other two rays, one below, and one above, the visible spectrum. The known vibrations are from red, 437,000,000,000,000 trillion per second to violet, 732,000,000,000,000 trillion per second. The infra-red vibration per second is 140,737,468,355,328 trillion, which places it in the invisible heat class. The ultra-violet ray vibration per second is 1,125,899,906,842,624 quadrillion, which places it in the chemical ray class.

Max Heindel says that the three primary and four secondary colors represent the Seven Spirits before the Throne, that the colors are different as are also the Seven Spirits, each having a separate mission in the Kingdom of God -- our Solar System. He then names these planets, and in "The Message of the Stars" gives the color vibration of each:

Uranus, light yellow; Saturn, indigo; Jupiter, blue; Mars, red; Earth, green; Venus, yellow; Mercury, violet. The Sun, from which the planets were thrown off, as stated in a previous lesson, sends out an orange vibration at the present time. Besides infra-red and ultra-violet there are still three other colors that reveal themselves to the spiritual sight.

Max Heindel, being fully aware of the potency and power of color states: "Anyone who is at all sensitive is affected by the color of his clothing and surroundings. Some colors have a depressing effect, while others inspire us with energy, and others again soothe and comfort us. In the Desire World the effect of colors is much more intense; they are much more potent factors for good and evil there than here."

Each of the seven planets receives the colored light rays of the sun in a different measure, according to its proximity to the central orb(sun) and the constitution of its own atmosphere. It absorbs the color or colors congruous to it and reflects the remainder upon the other planets. We did not receive the direct sun's rays at all, only those reflected by the other planets, until the Christ came to earth.

Each individual can only absorb and thrive on a certain quantity of the various color rays projected on the earth. The remainder do not affect him or produce any sensation at all. The first color ray to which man responded was that of Saturn, the color of which is indigo. This color ray developed in man, and still does develop, endurance and persistence. It was first contacted by him in the Lemurian Epoch. Then during the same Epoch he sensed the powerful Martial red vibration which did and does instill unbounded energy. Later on, still in the Lemurian Epoch, he came under the geminating green ray influence of the Moon, and the angels began assisting him in building his brain. During this time he had only two major urges -- the gratification of the sex urge, and the appeasement of hunger.

During the Atlantean Epoch man began to sense the yellow color vibration of Venus and this color vibration began to soften and raise the animal passion of Mars into the more beautiful, idealistic, Venus cohesive vibration of love, adding beauty to strength. The yellow ray directly refines and purifies the emotions. During this epoch man not only sensed the Venus yellow ray vibration, but also a mental quickening, which owed its origin to the violet ray of Mercury. Through the force of this violet vibration he has been able to develop reason, through the power of which the spirit is gradually gaining control of its mind.

According to the foregoing, it is easy to understand that every color has a separate and distinct power all its own, for the reason that incorporated within itself is some particular manifestation of the life force of God. In other words, colors represent specific powers of God made visible to the ordinary sight of mankind. For example, indigo indicates enduring persistence; red, dynamic energy; green germinating power; yellow, cohesion, holding together; violet, reasoning control over all conditions contacted both within and without. To these we should add the Jupiter blue power of ideation which enables the spirit to originate original ideas, the light yellow vibration of the Uranus ray embodying the power to transmute personal love into altruism which includes all humanity in its scope, and the translucent, transcendent, luminous blue vibration of Neptune, the power of which is able to lift man up beyond the human state and make him divine.

Max Heindel states: "The influences of color are as marked and varied, as only infinity of tones can express; and there are many that the eye at the present time is unable to cognize.

"To achieve any marked sensitiveness to the color language which is speaking very definitely around us, one must think in color--close the eyes, and let the waves of exquisite tints from the Desire World sweep over the spirit.

"When one meets a friend, or at any time when observing people, try to look beyond the bodily presence, which is but a crude manifestation of the spirit, and sense the colors of which that spirit, in the garment of the spirit, is composed. This ability will not be manifested all at once; but by perseverance and regularity (Saturn qualities), in continually seeking spiritual aspects, one will at last behold the human aura with the radiant presentment of its qualities in exquisite color schemes, glowing and opalescing, as waves of thought sweep through it and across.

"This opening of the inner vision made the Transfiguration a never to be forgotten moment to those privileged to witness it. For the Christ Spirit must have exhibited such glorious harmonies, as no earthly language could express; and one can enter into Peter's desire to remain in ecstasy for ever, just bathing in its heavenly radiance. Remember too, how Moses brought with him some of the Glory of his communion with the Father, the brightness being so great that he had to veil his face.

"The judgment of what an aura conveys should be rather on the translucence (partial transparency) and purity of the whole, than from the properties belonging to the several colors. A heavy, dull, murky-looking aura, even though the fundamental scheme be blue, violet, or rose, those particularly consecrated to spiritual qualities, is not the evidence of such a radiant personality, as the bright, clear red or green of the lower nature--if these colors scintillate and opalesce with life and stretch far away from the body in strong contours. Nevertheless, each color is a symbol of one aspect of the several rayed Light of God from which all derive life.

Violet symbolizes the Priest and Initiate.

Blue symbolizes the Mystic of gentle and spiritual aspirations.

Yellow symbolizes the Philosopher, the aspirant for Wisdom, the Solomon.

Green shows the sympathizer with human suffering--the desire to help and heal.

Red gives the man of feeling, the emotions of human love in all natural aspects--the Artist.

Orange stands for health in the body, and individuality of outlook--the Worker.

Purple symbolizes the man who combines the Rose of compassion with the Blue of the Mystic--the Savior of Men--the Elder Brothers of the race.

"All of these, in their due proportions, become united in the White Rose, which combines all colors in its spiritual beauty and stands for complete realization and atonement. The union of the Son with the Father the path of discipleship takes man along each separate ray in the seven ages of Being to develop the qualities of Priest, Mystic, Philosopher, Sympathizer, Artist, Worker, and finally Savior of Men, who unites the human and spiritual, the consummation of which is symbolized by the White Rose of purity.

Viewed in this light one's color studies gives one a broad outlook on life and a gentle judgment of men and things--for to understand all is to pardon all.

"We are each developing along a different ray of the one white light, nor can we, without danger, diverge from our path which is marked out. Every way to the Cross is surrounded by its special temptations and dangers. And it is difficult at our present stage, to be loyal to our own conditions and service, and yet sympathize with the methods of another person. The Priest and Savior alone have that wide sympathy with mankind which makes them deal gently and unerringly with the mistakes of their younger brothers.

"We, some of us of the Red vibration, whose emotions are such a fearful joy, yet also a source of temptation and sorrow, must learn to consecrate ourselves to great issues and lay our gifts, whether as Artist, Actor, Poet, or Musician on the altar of Humanity, and use our Love Nature in its highest expressions. Those of the Green ray must use their individuality to concentrate on human suffering, and their sympathy to work for its amelioration.

"The Philosopher of the Yellow Light, must voice his message in no uncertain term, and as he receives the Wisdom of the Spirit, give with both hands to thirsting humans, ever pointing the way to those who seek. The Mystic of the Blue ray, must consecrate his gifts to spiritual uses, and never degrade them by accepting material gain for services on the psychic plane. His occultism must be that of the hidden way of prayer, for 'to pray is to labor.' The Worker of the Orange vibration must seek the path of physical work, in practical help, and the amelioration of social conditions.

"All have a part to play in ministry to others, and their own proper development. Each is a letter in God's alphabet, without which the perfect Word cannot be formed, or as an instrument in the Heavenly Orchestra, which if unattuned, causes discord in the whole theme. Let us, therefore, attune ourselves to the Infinite, with hearts in the Silence, and hands outstretched to serve, patiently and humbly walk along our allotted path in life, and strive to fulfill its obligations.

* * * * *

C O L O R

Lecture by Kittie S. Cowen.

THE THREE PRIMARY COLORS are: BLUE, YELLOW AND RED. From these three primary colors all others are formed, by combining and blending or by addition of WHITE or BLACK.

THE SECONDARY COLORS are formed as follows:

GREEN is derived from a combination of yellow and blue.

ORANGE is derived from a combination of yellow and red.

PURPLE is derived from combination of blue and red.

INDIGO is derived from a combination of blue, green, orange and purple.

GREEN and PURPLE form OLIVE.

ORANGE and PURPLE form RUSSET.

GREEN and ORANGE form CITRINE (greenish, grayish yellow)

TINTS are produced by blending primary colors in various proportions; adding white to them gives us TINTS, while mixing with black produces SHADES.

WHITE is really a harmonious blending of all colors.

BLACK is really an absence of color.

KEY TO THE COLORS OF THE AURA

THE BLUE GROUP. Blue represents the religious or spiritual nature, and its presence points always to the existence and activity of that part of the nature of man. Blue belongs to Jupiter esoterically.

THE YELLOW GROUP. Yellow represents the intellectual nature and its presence always indicates the existence and activity of that part of the nature of man. Yellow is the esoteric color of Mercury

THE RED GROUP. Red represents the bodily nature, which is apparent, when we remember that Mars is the ruler of the body etheric. Red always indicates the existence and activity of that part of the nature of man.

WHITE represents pure spirit, and its presence always indicates the presence and activity of REALITY in man's nature.

BLACK represents the negation of pure spirit, and opposes it in every way and its presence always indicates the existence and activity of this negative principle in the nature of man.

LAVENDER stands for high spirituality.

VIOLET denotes devotion mixed with affection (esoteric ruler D)

BLUE, mixed with the faintest touch of lavender, represents devotion--
devotion to a noble ideal.

BLUE, pure, stands for pure religious feeling.

BLUE mixed with dark reddish brown indicates selfish religious feeling.

BLUE mixed with medium gray denotes religious feeling tinged with fear.

PURE YELLOW is the mark of the highest intellect.

ORANGE shows a strong intellect as well as pride and ambition,
characterizing the golden rays of the Sun.

ORANGE mixed with brick red portrays the low type of intellect.

SCARLET suggests pride.

LIGHT GREEN (bright live shade) is the color of sympathy (Venus quality)

LILAC manifests love for humanity.

ROSE exhibits unselfish affection.

OLD ROSE mixed with reddish brown intimate selfish affection.

CARMINE illustrates the faculty of pure affection.

RED dull mixed with smoke tells of sensuality & lower animal passions--
Mars.

GREEN, medium, depicts adaptability.

GREEN, medium, mixed with reddish brown and flecked with murky red
reveals jealousy.

GREEN, dirty muddy, registers low deceit, cunning, falsehood, trickery
of low order.

GREEN & LIGHT GRAY divulges deceit.

LIVID PALE GRAY (gastly shade) figures fear and horror.

DARK GRAY, mixed with brownish red records depression and pessimism.

GREENISH REDDISH BROWN points to selfishness.

REDDISH BROWN hints at avarice and greed.

BRIGHT BRICK RED means anger.

DEEP RED, mottled with medium brown, signifies sensuality.

BLACK shows the unmistakable traces of hatred, malice and revenge.

The various combinations of the three Primary Auric Colors are formed in connection with White and Black, as well as by blending of the three primary colors themselves.

These combinations, of course, result from the shades of emotional and mental activity, manifested by the individual mental activity, manifested by the individual. But not only is the blending caused by the mixing of the colors themselves, in connection with White and Black, but in certain cases the body of one color is found to be streaked, striped, dotted, or clouded by other colors. At times there is perceived the mixture of two antagonistic color streams fighting against each other for the supremacy before blending. Again we see the effect of one color neutralizing another.

In some cases great black clouds obscure the bright colors beneath, and then darken the fierce glow of color, just as it often witnessed in the case of a physical conflagration. Again we find great flashes of bright yellow, or red flaring across the aura, showing agitation or the conflict of intellect and passion.

Green lies in the center of the spectrum, and is a balance between the two extremes, and is also influenced by these two extremes in a startling manner.

THERAPEUTIC SCALE OF COLORS

BLUES, VIOLETS, and LAVENDERS have a cooling and soothing effect upon the nervous system, and upon the blood and bodily organs.

GRASS GREENS have a resting and invigorating effect on the nervous system, blood and body organs.

YELLOW and ORANGE have an inspiring and illuminating effect upon the mental faculties.

REDS have an exciting and stimulating effect upon mind and body.
(This is particularly true of Scarlets and of other bright reds.)

* * * * *

God enfolds within His being all that is, as the WHITE Light embraces all colors. But He appears threefold in MANIFESTATION, as the white light is refracted in three primary colors, namely: Blue, Yellow, and Red. These three primary colors which are God's life are diffused or radiated through the SUN and produce LIFE (blue, WILL, principle), Consciousness (Yellow, Wisdom-Love principle), and Form (Red, Activity principle) on each of the planets: Mercury, Venus, Earth, Mars, Jupiter, Saturn, and Uranus.

Each of the seven planets receives the light of the Sun in a different measure, according to its proximity to, or the distance from, the control orb and the constitution of its atmosphere. The beings on each planet, according to their stage of development, have affinity for some of the Sun's rays. The various planets and the beings on them absorb the color or colors congruous to them, and reflect the remainder upon the other planets. These reflected rays bear with them impulses of the nature of the planets and the beings with which they have been in contact. Divine Light and Life come to each planet, either directly from the Sun or reflected from its six sister planets and brings with it the commingled impulse of all the Spirits it has contacted, and in this varicolored light we live, move, and have our being.

The rays that come directly from the Sun are absorbed by the Spirit, which has its seat in the center of the forehead between the eyebrows, at the root of the nose. These rays are productive of spiritual illumination.

The planetary rays are absorbed by the brain and spinal cord and produce added consciousness and moral development.

The Lunar (Moon) rays enter our bodies by way of the spleen and promotes physical growth. The solar, planetary and lunar rays are all three colored; blue, yellow, and red. In the Lunar or Moon ray, which is particularly concerned with physical growth and the maintenance of forms; the blue beam carries the life of the Father, which causes germination; the yellow ray carries the life of the Son or Christ, which is the active principle in nutrition (mother principle) and growth; and the red beam, the Jehovistic principle, which stimulates action, is particularly active in germination. In Babbitt's "Principles of Light and Color" it is demonstrated that each ray of color, has a certain therapeutic influence on the human system; blue acting soothingly on the circulation of the blood; red stimulating; yellow acting as a purgative. He also gives some interesting examples of correspondences between the colors and medical qualities of certain flowers, plants, drugs, et cetera, with the action of the above named color rays.

The planets do not affect man alone. They have a great influence on plants also. Paracelsus says that if we know all the qualities of the stars, we would find that the quality of each of them is represented on earth by some plants.

* * * * *

LESSON 15 - COLOR, ITS MANIFESTATION AND VALUE

POWER IN COLOR - In the study of the occult we find that each individual has (1) a planetary horoscopic ruler, (2) an individual planetary ray, and (3) a Father Star ray, each with its own particular color, all of which is based on the three primary colors: blue, yellow and red. Blue, we know, is correlated to will, yellow to wisdom-love, and red to activity-germination. Wherever we see these colors they are emblematic of the Father, the Son(Christ), and the Holy Spirit (Jehovah).

These primary rays of divine Life are sent out by the sun and produce Life (Blue), Consciousness (Yellow), and Form (Red), upon each of the planets; Mercury, Venus, Earth, Mars, Jupiter, Saturn and Uranus. Each of these planets receives the sun's rays in different measure, according to its nearness to the sun and the constitution of its atmosphere. The beings upon each planet receive these sun rays according to their stage of development. They absorb the color or colors suitable to them, and reflect the remainder upon the other planets. This reflected color or colors, as the case may be, bears with it (or them) an impulse of the nature of the beings with which it has been in contact. Accordingly, divine Life and Light come to each planet directly from the sun and are also reflected to each planet from each of the other six planets. This sunlight, reflected and direct, carries with the subtile influences of all the spirits inhabiting the sun and the other planets; in this varicolored light we live and move and have our being.

The rays coming directly from the sun produce spiritual illumination; the rays reflected from the other planets tend to produce added consciousness, soul growth and morality; and the rays reflected from the moon give physical growth.

As each planet can absorb only a certain quantity of one or more colors, according to the general stage of its evolution, so all things pertaining to the earth: mineral, plant, animal and man, can only absorb and thrive on a certain quantity of the various rays projected upon the earth. The remainder does not affect the various beings composing these kingdoms any more than the blind are affected by light and color which exists everywhere around them.

The solar (sun) ray is absorbed by the spirit, which has its seat in the center of the forehead between the eyes; the stellar rays are absorbed by the brain and spinal cord, and the lunar ray enters our system through the spleen. Solar, stellar and lunar rays are three-colored: blue, yellow and red.

Animals are altogether incapable of absorbing the direct rays of the sun, and are dependent upon their Group Spirits for an infusion of the stellar rays necessary to produce consciousness.

* * *

MISCELLANEOUS NOTES

Kittie Cowen passed over several years ago but the work of correlating living color with states of consciousness continues. At BSRA headquarters in Vista, California, and at our monthly meetings at Harmony Grove near Escondido, twelve miles away, we give color concerts. In these we combine patterns of brilliant, abstract, moving colors with appropriate music and with incense or perfume keyed to the music and the color. All that we know about color to date is embodied in our brochure, "Color, the Bridge to the New Age", available at 50¢ a copy from BSRA Hdq, PO Box 548, Vista, California.

If you live near New York City or San Francisco you can see mobile color concerts there, created by Thomas Wilfred. Both the Museum of Modern Art in New York and the Metropolitan Museum of Art in San Francisco have his machines.

Corinne Heline, mentioned in Kittie's lectures, continues to write on the occult significance of color in the quarterly review, "New Age Interpreter", edited and published by her husband, from 1544 Cerro Gordo St., Los Angeles 26, Calif., 35¢ a copy, \$2.75 for eight issues. We quote from her article, "Color and Music in the New Age", in the 4th Quarter, 1962 issue: "The Russian composer Scriabin was profoundly interested in the study of color and music. At the time of his transition he was working upon what he hoped would be his masterpiece, a symphony in which the two would be blended. His idea was to place a screen upon the stage above the orchestra. As the symphony was performed, colors would appear simultaneously upon the screen. His passing was a great loss to the New Age art of combining color and music; for he was a gifted pioneer in the most fascinating field of endeavor. The following table is Scriabin's correlation of musical notes with colors as he saw them.

C -- Red	E -- Pearly Blue & Shimmer of Moonlight	G# - Purple
C# - Violet	F -- Dark RED	A -- Green
D -- Yellow	F# -- Bright Blue	A# - Glint of Steel
D# - Glint of Steel	G -- Rosy Orange	B -- Soft Blue

"Richard Wagner was especially aware of the sensitizing and refining influence of color on mind and body. Next to his body he wore only silk, and this in carefully chosen colors to harmonize with the type of composition upon which he was currently engaged. This was not just an eccentricity. It was a case of a nervous system which had become responsive to color's subtle radiation beyond the ordinary range of human sensitivity. In his most inspired moments Wagner felt the need of the emanations that come from delicate pastel colors, such as orchid, blues, crystalline and pale mauves and the rich golden tones which to the soul sense, characterize the song of Angels and seem almost to power their flight through celestial spaces. His own color note was purple."

* * *

A list of other BSRA publications may be had on request. Send 50¢ in coins or stamps to BSRA, PO Box 548, Vista, California 92083.

THE JOURNAL OF BORDERLAND RESEARCH

BSRA No 1: Published by Borderland Sciences Research Foundation, Inc., PO Box 548, Vista, California 92083, U.S.A.

Edited by the Director, Riley Hansard Crabb, Doctor of Metaphysics in the Society of St. Luke the Physician.

The Journal is published six issues a year, with the assistance of the Associates, at the Director's home, 1103 Bobolink Drive, Vista. It is mimeographed, 36 pages an issue. The Foundation was incorporated under California law, May 21, 1951, #254263, and has been in continuous existence since then. Address all correspondence to the PO box. The Journal is included in the association membership of \$6 a year. Single copies and back issues of the Journal are \$1.25. If you don't care to join you may receive the Journal by donating \$6 or more a year to the Foundation. The Director's wife, Mrs. Judith Crabb, is office manager.

PURPOSES OF BSRA: This is a non-profit organization of people who take an active interest in unusual happenings along the borderland between the visible and invisible worlds. In the words of the late Meade Layne, founder and director of BSRA from 1946 to 1959: "BSRA publications are scientific in approach but employ few technical expressions. They deal with significant phenomena which orthodox science cannot or will not investigate. For example: the Fortean falls of objects from the sky, Teleportation, Radiesthesia, PK Effects, Underground Races, Mysterious Disappearances, Occult and Psychic Phenomena, Photography of the Invisible, Nature of the Ethers and the problem of the Aeroforms (Flying Saucers). In the year 1946 BSRA obtained an interpretation of the phenomena which has since come to be known as the Etheric or 4-D interpretation, and which has not been radically altered since that time. This continues to be the only explanation which makes good science, sound metaphysics and common sense."

The chief present concern of the Foundation is to make this kind of unusual information available as a public service at reasonable cost. Headquarters acts as a receiving, coordinating and distributing center. An important part of the Director's work is to give recognition, understanding and encouragement to people who are having unusual experiences of the borderland type and/or are conducting research in one or more of the above fields. For consultation on borderland problems, or for Spiritual Healing through prayer, write or phone (714-724-2043) for help or for an appointment. Donations toward Foundation research programs and expenses are welcome.

The 20-page list of BSRA publications is available from Headquarters for 50¢ in coin or stamps. This includes mimeo brochures and tapes of the Inner Circle, talking through Mark Probert, and Mr. Crabb's tape-recorded lectures on borderland subjects. Write to BSRF, PO Box 548, Vista, California 92083, U.S.A.

* * *